

Expanding Reproductive Autonomy and Contraceptive Access



The University of California San Francisco [Beyond the Pill](#) program, [Nebraska Family Planning](#), [Women's Fund of Omaha](#), and [I Be Black Girl](#) invite you to attend an interactive virtual training series in March 2023. Administrators, clinicians, health educators, nurses, and other health center staff are welcome to attend. Join us to learn about best practices for contraceptive provision! *Attendance at Session A is not required for Session B.*

Session A: An Evidence-Based Training on Contraceptive Care

Wednesday, March 8, 2023 or Tuesday, March 21, 2023

9:00 AM - 2:00 PM Central Time

Up to 4.25 CME/CNE Credits

This training reviews evidence-based guidelines for providing the full range of contraceptive methods utilizing approaches designed to support patients in making informed and voluntary choices. I Be Black Girl will lead participants through an exploration of the principles and applications of Reproductive Justice. We will then review patient eligibility, mechanisms of action, the role of BMI and weight; compare and contrast side effects and benefits for a range of methods; and discuss common misconceptions. Through interactive case studies, participants will become more comfortable responding to patient concerns around birth control and counseling on side effects.

[3/8 Registration](#)

[3/21 Registration](#)

Session B: Practical and Sustainable Steps for Addressing Bias in Contraceptive Care

Thursday, March 16, 2023

10:00 AM - 2:30 PM Central Time

Up to 4 CME/CNE Credits

This training explores Implicit Bias and how applying cultural humility can improve the quality of contraceptive care. Learners will discuss the role of shared decision-making in contraceptive counseling and practice sharing scientific information within this framework, including on irregular bleeding and weight gain. Through a review of patient-centered counseling techniques and case-based learning, participants will practice offering non-judgmental counseling in common challenging real-world scenarios.

[3/16 Registration](#)

The University of California, San Francisco School of Medicine (UCSF) is accredited by the Accreditation Council of Continuing Medical Education (ACCME) to provide continuing medical education for physicians. UCSF designates this live activity for a maximum of 8.25 AMA PRA Category 1 Credits™. Physicians should claim only the credit commensurate with the extent of their participation in the activity. ANCC contact hours will be provided by University of Nebraska Medical Center.



Beyond the Pill is a program of the Bixby Center for Global Reproductive Health at the University of California, San Francisco School of Medicine.